

**\*\*\*Please note: Food labels/ingredients may change over time,  
so please read the labels before purchasing snacks.\*\*\***

## Healthy Snacks

| Fresh Fruit  | Fresh Vegetables |
|--------------|------------------|
| Apples       | Bell Peppers     |
| Bananas      | Broccoli         |
| Blackberries | Carrots          |
| Blueberries  | Cauliflower      |
| Clementine's | Celery           |
| Grapes       | Cherry Tomatoes  |
| Melons       | Cucumber         |
| Oranges      | Green Beans      |
| Peaches      | Snow Peas        |
| Pears        | Sugar Snap Peas  |
| Strawberries |                  |

| Dried fruit/Veggies, Fruit Cups, Applesauce, etc. |
|---------------------------------------------------|
| Applesauce Cups                                   |
| Best Choice Fruit Cups                            |
| Del Monte Fruit Cups                              |
| Dole Fruit Cups                                   |
| Go-Go Squeeze                                     |
| Fruit Leather/Strips                              |
| That's It Mini Fruit Bars                         |
| Harvest Snaps Green Pea Snack Crisps              |
| Raisins/Craisins                                  |

| Cheese/Dairy                           |
|----------------------------------------|
| String cheese or other cheeses (1 oz.) |
| Kraft Handi-Snacks Ritz with cheese    |

| Crackers                          | Cereals                            |
|-----------------------------------|------------------------------------|
| Annie's Bunnies                   | Cheerios (plain)                   |
| Barnum Animal Crackers            | Chex (Rice, Corn, Wheat, Cinnamon) |
| Breton Brand Crackers             | Cinnamon Toast Crunch              |
| Cheez-Its                         | Corn Flakes                        |
| Goldfish Crackers                 | Crispix                            |
| Graham Crackers                   | Frosted Mini-Wheats                |
| Ritz (No Ritz Bits/sandwiches)    | Kix                                |
| Saltines, Premium Oyster Crackers | Life                               |

| Crackers         | Cereals      |
|------------------|--------------|
| Teddy Grahams    | Lucky Charms |
| Town House, Club | Corn Pops    |
| Triscuits        | Fruit Loops  |
| Vanilla Wafers   | Apple Jacks  |
| Wheat Thins      |              |

| Miscellaneous Snacks                            |
|-------------------------------------------------|
| Annie's Snack Mix, Annie's Granola Bars         |
| Cascadian Farms Granola Bars (NO Peanut Butter) |
| Chex Mix (cheddar, bold, original)              |
| Fig Newtons                                     |
| Fruit Snacks                                    |
| Garden Veggie Straws                            |
| Handi-Snacks Mister Salty                       |
| MadeGood Granola Bars                           |
| MadeGood Granola Minis                          |
| Nature's Bakery Fig Bars                        |
| Nutrigrain Cereal Bars                          |
| Pop Tarts                                       |
| Popcorn, Boom Chicka Pop, Skinny Pop Popcorn    |
| Pretzels (Old Dutch, Rold Gold, Utz)            |
| Snack Factory Pretzel Crisps                    |

### Special Occasion Snacks (Birthday/Holiday Parties Only)

| Cookies                                                                                                                                                      | Chips        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Dare Cookies (Fudge, Lemon, Maple)                                                                                                                           | Cheetos      |
| Kellogg's Rice Krispie Treats (original)                                                                                                                     | Doritos      |
| Keebler Fudge Stripes                                                                                                                                        | Fritos       |
| Keebler E. L. Fudge                                                                                                                                          | Potato Chips |
| Nabisco Lorna Doone Shortbread                                                                                                                               | Pringles     |
| Oreos (regular/golden/gluten free)                                                                                                                           | Sun Chips    |
| Lofthouse Cookies Frosted Sugar Cookie                                                                                                                       | Tostitos     |
| Lotus Biscoff Cookies (regular, vanilla)                                                                                                                     |              |
| Favorite Day (Available at Target)                                                                                                                           |              |
| Frosted Sugar Cookies, Brownie Bite                                                                                                                          |              |
| Walmart (look for peanut/tree nut free sticker)<br>Frosted Sugar Cookies, Sugar Cookie Sandwich, Carrot Cake Cookie Sandwich, Chocolate Chip Cookie Sandwich |              |

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|------------------------------------------------------------------------------------------|
| Cupcakes                                                                                 |
| Favorite Day (Available at Target) Mini Cupcakes, Chocolate, Vanilla                     |
| Walmart (look for peanut/tree nut free sticker) Chocolate, Confetti, Red Velvet, Vanilla |

|                          |
|--------------------------|
| Jello/Pudding            |
| Jello Brand Jello cups   |
| Jello Brand Pudding cups |
| Snack Pack Jello cups    |
| Snack Pack Pudding cups  |

|                                                                              |                                                                         |
|------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| Candy (Spangler, Tootsie Roll and Yum Earth Brands are Peanut/Tree Nut free) |                                                                         |
| Air Heads                                                                    | Skittles                                                                |
| Blow Pops                                                                    | Sixlets                                                                 |
| Dum-Dum suckers                                                              | Smarties                                                                |
| Dots                                                                         | Starburst                                                               |
| Gum                                                                          | Sour Patch Kids                                                         |
| Hershey Kisses—milk chocolate                                                | Swedish Fish                                                            |
| Haribo Goldbears Gummy Bears                                                 | Twizzlers                                                               |
| Jolly Ranchers                                                               | Tootsie Frootie Rolls                                                   |
| Life Savers (hard or gummy)                                                  | Tootsie Rolls, Fruit Chews                                              |
| Milk Duds                                                                    | Yum Earth Chewys, Duo Pops, Giggles,<br>Gummy Bears, Pops, Sour Littles |
| Ring Pops                                                                    |                                                                         |

|                                                                        |
|------------------------------------------------------------------------|
| Frozen                                                                 |
| Dairy Queen Dilly Bars (must be prepackaged in box, NOT made in store) |
| Jonny Pops Frozen Pops                                                 |
| Luigi's Real Italian Ice                                               |
| Popsicle Brand Popsicles                                               |
| Outshine Bars                                                          |